CAS TRACK AND FIELD Invitational #1 at SOPAC Sat 18/08/2018: LEGEND: St Aloysius (A) Barker (B) Knox (Kn) Waverley (W) Trinity (T) Cranbrook (C)

100m: L Clabburn (K) 10.76 D Kalliris (T) J Hardwick-Owens (W)

200m: M Hannaford (T) 22.63 J Batten (K) B Nogajski (B)

400m: J Batten (K) 52.22 J Spiller (K) L Kostas (T)

800m: K Powell (T) 1:57.59 C McGrath (W) N Davies (T)

1500m: J Batson (T) 4:27.00 F Brown (B)

3000m: E Brouw (T) 8:56.38 D Fryer (C) C McGrath (W).

110m hurdles: C Murphy (T) 15.50 T Roach (A) A Clark (T)

High jump: L Bofinger (B) 1.95 A Clark (T) A Mowbray (A)

Long jump: J Hardwick-Owens (W) 6.43 C Griffen (T) B Kinasch (B)

Discus: M Graham (B) 32.22 A Koleshnikoff (T) A Williamson (B)

Javelin: B Bickmore-Hutt (W) 46.49 A Koleshnikoff (T) B Pears (B)

Shot: A Koleshnikoff (T) 18.53 M Graham (B)

4 x 100m relay: Knox

17yrs:

100m: C Barclay (K) 10.85 X Zuccon (C) B Nogajski (B)

200m: C Murphy (T) 22.19 I Sharwood (T) X Zucco (C)

400m: F Scott (A) 52.26 I Sharwood (T) J Mayer (A)

800m: L Cunningham (T) 1:56.20 E Brouw (T) F Scott (A)

1500: P Cantlon (T) 4:25.00 S Potter (A) G Vouras (W)

110m hurdles: L Kim (A) 15.91 D Welch (B)

Long jump: C Murphy (T) 6.60 H Muller (K) L Powell (T)

High jump: D Reynolds (K) 1.75

Discus: J McFadden (A) 43.69 J McNamara (T) A Williamson (B)

Javelin: H Weymouth (B) 53.23 S York (T) J McFadden (A)

Shot: J McFadden (A) 14.40 B Nogajski (B) E Gyoery (A)

4 x 100m relay: St Aloysius

16yrs:

100m: H Goldsmith (T) 11.18 L White (B) S Jones (A)

200m: H Goldsmith (T) 22.65 L Kim (A) J Constable (K)

400m: A Buchanan (T) 52.50 J Constable (K) J Friend (B)

800m: T Virgana (T) 1:56.03 P Cantlon (T) X Branigan (A)

1500m: T Virgana (T) B Graham (B) R Hildebrand (K)

110m hurdles: T Kidd (T) 14.75 J Tidmarsh E Bateman (T)

High jump: J Titmarsh (K) 1.95 H Clifton (K) C Johnson (B)

Long jump: K Kawaura (K) 5.77 T Osborne (K) R Smith (A)

Discus: S Downie (B) 39.38 M Perry (B) M Wheals (B)

Javelin: S O’Connor (T) 47.71 B Randall (B) L Kim (A)

Shot: D Stovold (B) 13.57 E Bateman (T) N Lake (K)

4 x 100m relay: St Aloysius

15yrs:

100m: W Mandera (K) 10.59 C Nazareth (T) J Dennis (A)

200m: J Dennis (A) 24.38 A Kairouz (C) J Elfords (W)

400m: T Kidd (T) 53.26 H Welch (B) M Moore (A)

800m: S Reeves (K) 2:08.06 M Moore (A) N Pattinson (A)

1500m: S Reeves (K) 4:44.67 R Crompton (W) O Opeck (T)

110m hurdles: J Park (T) J McIntrye (B) A Thomas (A)

High jump: W Moir (T) 1.75 N McDonagh (A) J Haste (B)

Long jump: C Johnson (B) 5.23 W Dedy (W) J Haste (B)

Discus: J Coughlin (K) 49.02 S Downie (B) H Hannaford (T)

Javelin: W Irish (B) 54.22 H Lucas (B) H Berend (K)

Shot: T Shannon (K) 16.72 N Lake (K) B Zlattner (B)

4 x 100m relay: St Aloysius Knox

14yrs:

100m: D Bradshaw (B) 11.20 D Cattana (T) A Lau (K)

200m: D Bradshaw (B) 23.22 D Cattana (T) A Lau (K)

400m: D Cattana (T) 57.06 T Plasto (K) C Ryan (W)

800m: W Constable (K) 2:08.76 T Christian (T) K Kress (W)

1500m: W Constable (K) 4:33.28 K Kress (W) W Cooper (T)

100m hurdles: D Towns (15.06) M Park (T) B McNamara (K)

High jump: D Towns (W) 1.80 R Vidiluch (W) B Maher (B) C Sherlock (K) B Macnamara (K)

Long jump: A Lau (K) 5.89 D Towns (W) M Park (T)

Discus: J Greaves (T) 46.57 S Tuqiri (W) T Coughlin (K)

Javelin: K Roberts (T) 40.47 C O’Kane (A) J Rigg (W)

Shot: M Milani (A) 10.48 B Deane (K) T Harding (K) S Tuqiri (W)

4 x 100m relay: Trinity 48.07 Knox Barker

13yrs:

100m: S Ghisso (T) 11.67 J Garwood (W) D Roach (C)

200m: J Garwood (W) 25.39 K Kong (T) J Teggins (B)

400m: N Rodgers (C) 1:02.78 B Williams (K) J Garwood (W)

800m: Z Pliatsikas (T) 2:20.30 Z Roome (A) N Rodgers (C)

1500m: J Waide (T) 4:54.49 J Cantlon (T) L Potter (T)

90m hurdles: S Ghisso (T) J Winestein (W) H McDonald (B)

High jump: T Ramanauskas (T) 1.60 O Askew (T) H Reed (T)

Long jump: C Murphy (T) 6.60 H Muller (K) L Powell (T)

Discus: B Stevens (T) 44.62 A Zanapalis (W) M Ashworth (B)

Javelin: T Ramanauskas (T) 33.68 C Anderson (K) W Dimitropolous (B)

Shot: L Gibb (B) 10.45 M Ashworth (B) J Takounlao (B)

4 x 100m relay: Barker 52.48 Trinity Waverley